Hope Center is a specialized unit within the Residential Program that houses up to 8 males, ages 12-16, with a primary problem of sexually aggressive and/or sexual offending behaviors.

The primary focus is the elimination of sexually inappropriate and aggressive behavior. The program utilizes ongoing assessment of risks and an emphasis on addressing those risk factors that are changeable. Our mission is to treat and guide these young men and help them develop the skills necessary to become contributing members of the community without victimizing others.

Admission Guidelines

General characteristics of referrals to Hope Center include, but are not limited to:

- Adolescents with a primary problem of sexually aggressive behavior that require a staff-secured residential setting and daily treatment milieu that is self-contained and separate from non-sexually aggressive youth
- Residents who have been removed from prior placements due to sexually aggressive behavior
- Sexually aggressive adolescent males who require comprehensive, long-term and intensive offender-specific treatment
- Sexually aggressive adolescent males who require a psychiatric component to their treatment.

Model of Treatment

The Hope Center utilizes a Cognitive-Behavioral/Relapse Prevention model of treatment, through which residents learn to recognize their distorted thinking patterns, see the connection between such thoughts and their deviant behaviors, work to change deviant thoughts, and reduce deviant arousal.

Relapse prevention requires that the residents learn to identify factors associated with increased risk of sexual offending and use strategies to avoid high-risk situations or effectively manage them when they occur.

As a part of relapse prevention, emphasis is also placed on external supervision to prevent further victimization.

Life in the Hope Center

The Hope Center is a separated component of the residential program and functions autonomously with its own classroom and separate amenities. This specialized treatment unit provides an intensive level of staff supervision within a well-defined therapeutic environment.