Overview

Cleveland Christian Home, which began providing school and home-based family services in 1995, has established an effective and responsive program built on experience and high performance standards.

Statistically over 20% of children and adolescents have a mental health diagnosis within a given year and a greater number struggle with stage of life challenges.

In addition, some families are reluctant to seek help because of the negative stigma associated with a mental health condition.

Our School-Based and Family Services allows for an immediate response to problems or incidents and affords the opportunity for a quick resolution.

Our therapists utilize three models either individually or in blended combination with one another to address the needs of children and families in crisis: Wraparound; Intensive Home-Based Treatment; and Cognitive Behavioral Therapy.

School-Based Services

CCH provides mental health treatment, prevention and consultation services to schools assigned by Cleveland Metropolitan School District (CMSD). Services provided include prevention groups, individual consultation, individual therapy, and Community Psychiatric Supportive Treatment (CPST).

The target population for these services include students who exhibit disruptive behaviors within the school setting:
- Physical fights/bullying
- Oppositional behaviors (e.g., refusal to follow teacher’s directives, talking back/being argumentative)
- Impulsive behaviors (e.g., cutting class, stealing from other students)

Also targeted are students who become disengaged/detached when no problem had previously existed. Observed changes include a depressed appearance or uncharacteristic behaviors, which may be accompanied by a withdrawal from school activities, incomplete schoolwork, or attendance and tardy issues.

Family Services

Intensive In-Home Services are brief, flexible and highly intensive in-home crisis intervention services to families with children at moderate to high risk of abuse and neglect and at imminent risk of out-of-home placement. Therapists assist the family to achieve not only crisis stabilization, but also long term stability through individualized and hands-on interventions.
Family In Need of Services (FINS) are services similar to those provided in the other service categories, particularly those services offered through Intensive In-Home Services. Like those families needing Intensive In-Home Services, FINS families are also in crisis, and in danger of dissolution; however, the threat to the family’s integrity is deemed to be somewhat less immediate.

Parent-Teen Conflict (PTC) Services are short-term, structured interventions consisting of family assessment, family therapy, case management, emergency crisis response, community services coordination, supportive family/individual therapeutic services, youth skills training, and follow up/evaluative activities. These services target families in which parents and teenage children (13 years of age and older) are experiencing pronounced conflict which cannot be resolved without professional assistance.

Family Reunification Services safely re-integrate children into their families after a period of out-of-home placement, and offer a combination of individualized family therapy, case management and community support. The point at which a child returns home from placement usually signifies significant progress on family problems and marks the beginning of a healthier phase of family functioning.

Resource Family Support Services provide a flexible, intensive intervention to families in need of supportive assistance with a child who has been placed in their care and who is demonstrating behaviors which may lead to placement disruption. The family can be a foster family, an adoptive family, or extended biological family. These services respond to families in which the child’s behavior is such that the family feels powerless to cope with it or effectively change it.

Cuyahoga County Tapestry System of Care

CCH Care coordinators facilitate the wraparound process for families involved in multiple systems (DCFS, CCJC) whose needs cannot be met by traditional family service programs.

By utilizing a team approach, the entire family benefits from the development of a wraparound team consisting of professionals and natural supports. Each family receives a peer-peer advocate. Additional services may be provided by utilizing programs in the families’ community.