

# COMMUNITY-BASED SERVICES

---

## CLEVELAND CHRISTIAN HOME

### Overview

Cleveland Christian Home is a full-service mental health facility, serving children and families. We recognize that seeking help for emotional and behavioral challenges can be difficult for a multitude of reasons: cost, transportation challenges, and stigma to name a few. Further, the problems and challenges faced by one family member tend to affect the entire household. Therefore, Cleveland Christian Home began providing community-based services in 1995 – the value of meeting the client where he or she spends a significant portion of their time is immeasurable.

CCH's Community-Based Services Program, **a fully Medicaid covered program**, includes school- and home-based services for children and families in crisis or at risk of disruption. With over 20% of children and adolescents facing one or more mental health diagnoses, the need for services is greater now than ever before. The Community-Based programs provide an immediate response to problems as they occur, and thereby addressing the issue before it can further escalate.



Therapists employ three models, both individually and collectively to address the needs of the child and family. These models include Wraparound, Intensive Home-Based, and/or Cognitive Behavioral Therapy, all with demonstrated effectiveness.

### School-Based Programming

CCH provides consultation and prevention mental health services in schools throughout the area, offering services such as individual consultations, prevention groups, individual therapy, and Community Psychiatric Supportive Services (CPST). School Based Programs are designed to and encourage the participation of teachers, peers, administrators,

and/or family members if and where appropriate. Some typical issues addressed by the program include:

- Physical fighting, intimidation, and/or bullying
- Opposition to authority (refusal to follow teacher's or school directives, being disruptive and argumentative, negatively influencing peers)
- Self-directed harm (cutting, eating disorders, risk-taking)
- Impulsivity (cutting class, stealing, risk taking)
- Withdrawal from social interaction, depressed mood, falling grades or attendance
- Sudden changes in appearance, mood, grades, or behavior.

## Family Services

**Intensive In-home Services (IIH)** are concentrated in-depth crisis intervention programs that support families with children at moderate to high risk of abuse, neglect, and imminent removal from the home. Therapists help the family to stabilize in the short- and long-term, and provide highly individualized interventions that can be used on an ongoing basis.

**Family In Need of Services Program (FINS)** are much like the Intensive in-home services, but is geared toward families in less immediate or imminent risk of disruption.

**Parent-Teen Conflict Services (PTC)** are a short-term, structured interventions that include



a family assessment, case management, emergency crisis response, community service coordination, supportive family and/or individual therapy, youth skills training, and follow up evaluations. This program

is targeted to families with teens aged 13 years of age or older, who are experiencing pronounced conflicts which cannot be resolved without professional intervention.

**Family Reunification Services (REU)** help to reintegrate children into the home after a period of living in an out-of-home placement), and include a combination of individual and family therapy, case management, and community support. The child and family must demonstrate significant progress in the resolution of issues and ability to continue safer, healthier family functioning.

## Resource Family Support Services

(FSS) are flexible, intensive intervention for families with whom a child has been placed and is demonstrating behaviors that may lead to disruption or removal. These services are targeted to foster families, adoptive families, or extended biological families who have taken in a child not originally from their family unit. These families often feel powerless to cope with the needs or behaviors of that child, and therefore, require supportive services.



CLEVELAND CHRISTIAN HOME